

CLASS V- DANCE PAEDOGOGICAL PLAN - AY 2026-27

Month	Theme & Topics	Learning Objectives	Teaching Strategies	Academic Integration
April	Advanced Body Awareness & Coordination	Improve precision, posture, and control	Guided warm-ups, body isolations, balance exercises	Science - Muscles & Joints
May	Dynamics & Energy in Movement	Learn to modulate movement intensity	Slow-motion vs. fast-paced movement drills	
July	Storytelling through Contemporary Dance Preparation for Independence Day Assembly	Express a narrative using movement and expression	Choreographed storytelling	Language - Creative Writing
August	Spatial Awareness & Group Formations Preparation for Independence Day Assembly Preparation for Teachers' Day assembly	Develop awareness of space and formations in dance	Floor pattern drills, formations	Math - Geometry & Symmetry
September	Movement Improvisation & Creativity	Enhance improvisational skills and personal expression	Open-ended movement tasks, thematic choreography	
October	Preparation for the competition	Develop performance readiness and stage presence.	Mock performances, peer feedback, self-assessment.	Drama - Expressive Skills.
November	Strength, Flexibility & Floorwork	Deepen strength and flexibility through movement	Advanced stretching, yoga-based drills	
December	Cultural Fusion in Contemporary Dance	Blend contemporary with Indian folk styles	Comparative dance workshops	History - Global & Indian Dance
January	Performance Techniques & Stage Presence	Develop confidence and clarity in performance	Peer feedback, group critiques	
February	Student Choreography & Innovation	Create and present unique dance pieces	Independent and group projects	Leadership & Creativity